

# Supporting Our Seniors

Montgomery Twp Senior Committee  
Activities - Education - Health - Social



## FALL PREVENTION & ELDER SAFETY AWARENESS Home Based Therapy Care



### Montgomery Twp Senior Committee

Don Riley  
Committee Chair

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Audrey R. Ware  
Board Liaison

Deborah Rivas  
Staff Liaison

### Committee Members

Jess Jastrzembski

Joyce Malageri

Bud Reick

Joy Zwicker

### Where to find Senior Committee News

[www.monttwp.org/seniors](http://www.monttwp.org/seniors)

### Date & Time

Wednesday, January 17, 2024 1:00pm

### Location

Montgomery Township Recreation Building  
1030 Horsham Road, Montgomeryville, PA

### Presenter: Darshan Bhatt, DPT President Namaste Rehab

Darshan completed his Doctor of Physical Therapy degree from Utica College and his MBA from the University of Texas. He has worked as a licensed physical therapist for over 15 years in various medical settings. Darshan started his own company, Namaste Rehab to create a model of care that provides therapy care to the patient in their home. In essence, The Clinic comes to You! The January 17th program will focus on the physiology of falls, how to minimize the risk of falls and what to do if you or a loved one actually falls.

### Register online at

<https://www.monttwp.org/seniors>

Senior Committee Events or just come the day of the event

We look forward to seeing you.

*Your Senior Volunteer Committee*

215.393.6900

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